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Title: **Henry\_H\_Rowland\_Journal\_0172**

Category: **Volume**

Provenance: **Michael McCormick received from his grandmother Margaret, daughter of HHR.**

Person: **Henry H Rowland**

Date: **07/29/2017**

1930 journal of Henry Hosie Rowland.

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Thursday, July 3

At it as hard as ever.

Saw ballgame two days ago, also had a swim in the gym pool.

Night is short as few get to bed before midnight & many are up before 6. I go to bed early if I need sleep.